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33 Jesus Is Always Present

Before He ascended into Heaven, Jesus said, “I am with you always, even to the end of time.”

Jesus is with us in many ways. He sent us His Spirit to lead and guide us. He is with His Church. He teaches us through our Holy Father, the Pope.

But Jesus is with us in a special way through the Holy Eucharist. At the Consecration, Jesus comes to us under the appearance of bread and wine. After Mass, some of the Consecrated Hosts are put in the tabernacle. You can tell that Jesus is present in the tabernacle when a special lamp, called the sanctuary lamp, is lit. So Jesus lives in every Catholic church in the world. He is there as really and truly as He was in Bethlehem.

Since Jesus gave us so great a gift, we should receive Him whenever we can in Holy Communion. Most churches offer Mass every day of the week. Maybe you can find a way to go more often.

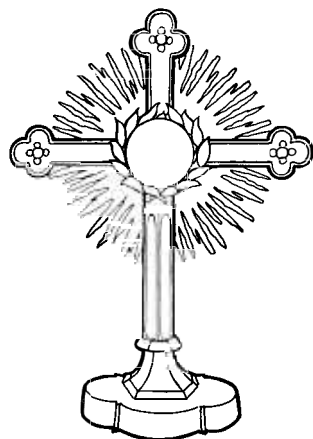
We can visit the church during the week. Jesus is there in the tabernacle. He would love to have you come and talk to Him for a little while. Visits to church are one way to receive much grace. You will be happier

and holier after you make these visits. If the church door is locked, say hello to Jesus, and a short prayer, before you go. He will hear you and be very pleased.

Sometimes your church may have a special time of worship that is not the Mass. It may be a holy hour or a benediction. The priest takes the Host from the tabernacle. He places it in a monstrance. Then everyone can see and adore Jesus in the Holy Eucharist. The priest blesses the people and they sing a special song or say special prayers.

In church, we must act like big boys and girls who know that Jesus is really there. Babies make noise and run in church because they do not know about Jesus. But those who know and love Him do not talk in church. We walk quietly to our seats. We genuflect with respect. We do not turn around and stare at others. We spend our time in loving prayer with Jesus.

Monstrance: A beautiful holder for the Host. It is used at benediction services.



We Pray:

THE DIVINE PRAISES

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His angels and in His saints.

Sanctuary Lamp: A special light that always burns by the tabernacle to let us know that Jesus is there.

Tabernacle: A boxlike container in our churches where the Holy Eucharist is kept.

