

Sunday Is God's Day

The Third Commandment says: Remember to keep holy the Lord's Day. By going to Mass on Sunday we are obeying God's law and keeping His Day holy. But we should do more than just go to Mass on Sunday to honor God. We should make it a special day and we can do that by:

- not doing any work that can be done on another day.
- wearing our best clothes when we go to church.
- not going shopping.
- having a special meal with our family.
- spending time together with our family.
- spending more time thinking and talking about God.

Words to Know:

Mass sacrifice